



## Soul Chocolate Retreat

### Payment and Cancellation Policies

### Other Terms and Policies

#### **PAYMENT POLICY**

A minimum deposit of 25% is required at the time of registration to secure your place at our meditation retreats. *(See Cancellation Policy below for information on our terms around refunds and when they apply.)*

At the time of booking, you may choose to pay the initial deposit or the full amount. An invoice will be sent upon registration. **Please be advised that the full amount is due no later than 15 days prior to the retreat start date.**

If the full amount has not been received by the 14<sup>th</sup> day prior to the Retreat start date, it will be understood that you will not be joining us, and we look forward to seeing you on another date. Your place will be cancelled and your deposit will be forfeited. To avoid losing your deposit, please just keep in touch! Email Laura at [laura@lauralane.ca](mailto:laura@lauralane.ca) to see what alternatives are available.

#### **CANCELLATION POLICY**

1. If you cancel 31 days or more from the Retreat start date, your payment will be refunded, less 15% for administration costs.
2. If you cancel between 15 days and 30 days from the Retreat start date:
  - a. If you have paid in full, you will receive the amount paid, **LESS** the 25% deposit.
  - b. If you have only put down your 25% deposit, there will be no refund.
3. If you choose to rebook to another Retreat date, your deposit and payment will be applied to the new Retreat date. This is a one time only accommodation.
4. If you cancel 14 days or LESS from the Retreat start date, your deposit and/or payment is wholly **non-refundable**.
5. Refunds cannot be made:
  - If your transportation (train, air, bus, etc.) is cancelled.
  - If you are a no-show and have not cancelled, nor been in touch with Laura to seek alternatives.

- Due to illness. Please purchase appropriate travel insurance to protect your investment.

We reserve the right to cancel the Retreat for any reason. This would only occur in exceptional circumstances which may result in us not being able to offer the retreat as advertised, due to health restrictions, if the minimum number of participants to run the retreat is not met, or in case of Force Majeure.

Should this happen, we will notify all participants as soon as we have knowledge of the cancellation and will refund you the full CAD amount you paid us in respect of the Retreat.

We cannot be held liable for any expenses which you may have incurred, such as travel, vacation days, or exchange rate losses.

## **OTHER TERMS AND POLICIES THAT GOVERN THE SOUL CHOCOLATE RETREATS**

### **HEALTH**

We ask all participants not to attend our Retreat if you have tested positive for Coronavirus or any other infectious illness. Please keep yourself and everyone else safe by staying at home if this happens. Should such an event occur, please contact Laura Lane at [laura@lauralane.ca](mailto:laura@lauralane.ca).

We encourage all participants to consider taking out **travel insurance** with appropriate coverage which would address any financial loss in the event of illness. If you have any questions about this, please contact Laura Lane at [laura@lauralane.ca](mailto:laura@lauralane.ca).

### **LATE ARRIVAL / EARLY DEPARTURE**

Please notify us in advance of any need to arrive late or leave early. We will try to accommodate your arrival/departure as best we can. Please reach out to Laura Lane at [laura@lauralane.ca](mailto:laura@lauralane.ca) to discuss.

### **SMOKING POLICY**

The Soul Chocolate Retreats are strictly non-smoking. If you need accommodations regarding this, please contact Laura Lane at [laura@lauralane.ca](mailto:laura@lauralane.ca) to discuss.

## **ALLERGIES AND DIETARY REQUIREMENTS**

In order that everyone can enjoy the delicious meals, snacks and other refreshments that are provided, please inform us in advance if you have any allergies or special dietary requirements. We will do our endeavour best to accommodate any restrictions or limitations but cannot be held responsible for this if we are not given adequate notice.

Please contact Laura Lane at [laura@lauralane.ca](mailto:laura@lauralane.ca) at least **one week in advance to discuss**.

## **ALCOHOL AND OTHER SUBSTANCES**

While some may enjoy a glass of wine or other alcoholic beverage, please be advised that the Soul Chocolate Retreats are strictly **alcohol free**.

When you attend a Soul Chocolate Retreat, we want you to make the most out of this special day, or few days if you are attending a multi-day retreat. The goal is to have you leave in a completely relaxed state, refreshed in body and mind. Alcohol could possibly prevent participants from being able to take full advantage of the activities, whether from a mindfulness perspective, or a physical one.

We kindly ask that you do not bring alcohol or other relaxants or stimulants to the retreat venue. If you have any questions, please contact Laura Lane at [laura@lauralane.ca](mailto:laura@lauralane.ca) to discuss.

## **RESPECTING EACH OTHER'S SPACE**

Soul Chocolate Retreats are conducted with the primary goal of facilitating time to find calm and peace within, and to connect with spirit, with the help of meditation tools and the surrounding nature.

There are times specifically set aside to allow for you to practice your new found meditation skills. We ask for all retreaters to respect each other's space by making sure that together, we create a quiet and peaceful environment. Yes, do indulge in conversations with everyone, but also allow those who seek quiet to enjoy their quiet time, be it on the nature walks, labyrinth, or at the house or facility.

## **TRAVEL INSURANCE**

The Soul Chocolate Retreats meet the requirements for event insurance and coverage. However, whether you are attending a one day retreat, a multi-day retreat, a retreat in Ontario or out of province, we encourage all participants to consider taking out **travel insurance** with appropriate coverage which would address any financial loss in the event of illness or cancellation. If you have any questions about this, please contact Laura Lane at [laura@lauralane.ca](mailto:laura@lauralane.ca).

## **WEATHER**

Whilst we'll do whatever we can, we cannot guarantee sunny weather! There are plenty of things to do inside in our free time, so you'll be well taken care of, even in the possible rain or snow :)

***These, along with your paid registration and the Waiver that you are required to sign upon arrival, constitute the Terms and Conditions of the Soul Chocolate Retreats.***

***Upon registration and payment, you acknowledge that you have read the Soul Chocolate Retreat payment policy, cancellation policy, and Other terms and policies that govern the Soul Chocolate Retreats, and that you agree to abide by all.***